

Sash Pillow with Grommets

A beautiful and detailed pillow featuring EZ-Set Grommets

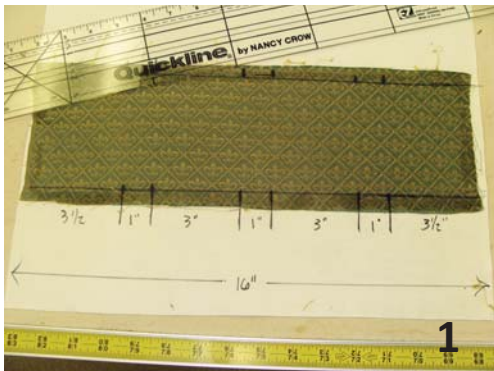
MATERIALS AND SUPPLIES:

- Needle and Thread
- Scissors
- Straight Pins
- Steam Iron
- Yardstick
- Sewing Machine
- Fabric for front and back (1/2 yard)
- Fabric for gathered sashes (1/2 yard)
- Fabric revealed in center of grommets (1/4 yard)
- Lining or muslin (1/2 yard)
- Iron-on batting (1/2 yard)
- EZ-Set Grommets (3 sets) and Setter
- One 12" x 16" pillow form



Step-by-Step:

1. Cut two pieces of fabric for front and back, one piece of lining (or muslin) and one piece of iron-on batting 12" x 16". Cut 6 pieces for the sashes 6" x 9" and cut 1 piece for the center of the grommets 5" x 16". Center the 5" x 16" piece on the 12" x 16" piece of lining and add fabric glue or an iron-on adhesive tape around the edges and draw a line inset 4" across the top and bottom. Mark for placement of the sashes across the top and bottom line; 3 1/2" 1", 3", 1", 3", 1", 3 1/2". (Photo 1).
2. Sew a small 1/4" hem along the long sides of the sash pieces and sew with a matching thread. Tightly gather up an end of each sash piece and sew face down at each 1" mark at the line drawn on the center strip of fabric. Continue sewing all 6 pieces in place. (Photo 2).



3. Place iron-on batting face up and top with fabric for pillow front face up. Iron the batting to the fabric. Mark for placement of the 3 grommets on the face of the pillow. The first and last grommets should be inset 3" from the edge (outer diameter, not inside diameter). Use the template and instructions provided on the back of the package to set grommets. (Photo 3).



- Place pillow front with grommets over lining piece with sashes attached. Pull the sashes through the grommets, tucking under the seamed edges. Pin to the outer edges (the sashes may extend past the edge). (Photo 4). Sew the sashes to the edges and trim away any excess fabric.
- Place back piece over front piece, face to face. Photo 5. Pin pieces together and sew edges with a $\frac{1}{2}$ " seam allowance, sewing the front to the back. Leave an opening for turning.



- Plan grommet spacing. Allow 8 grommets for each drapery panel. (Always use an even number of grommets). On the reverse side of the drapery, measure 4" from each edge at the top heading, this will be the center mark for the outside grommets. Measure the distance between the two marks and divide by 7. This will be the center point of each additional grommet across the heading. Mark the grommet holes using the template provided on the package, with the top edge of the hole $1\frac{1}{4}$ " down from top of the drapery, centered at each mark along the heading. Photo 6.
- Turn right sides out and insert the pillow form. Photo 6. Smooth the fabric inside the grommets if needed. Pin the opening together and hand stitch closed.



TIP

Choose a thin fabric for the sashes like silk or lightweight cotton.
 Once you learn the techniques, you can adapt this style to larger pillow sizes.
 A zipper closure can be used instead of hand sewing.
 Create more detail by adding a decorative welt cord or fringe to the edges.

Setting Grommets: Call Out Box if room

Place the grommet on top of the setting die base, top with fabric, washer (with teeth down) and setting die top.

Set with a hammer, striking the center of the setting die. Photos 1, 2 and 3.

