

Rowley project list: Pillows for a Girl's Room

Pillows are an easy way to add color, texture and fun to any girl's bed. To go beyond standard pillows into the realm of a young girl's dreams, we're adding design details: double ruffles and corner gathers. This project list will take you through fabrication of ruffled pillow shams, gathered-corner pillows and a fun, frilled bolster.



MATERIALS & SUPPLIES

Rowley Products

Classic Napped Lining
 English Bump Interlining
 1/4" Cotton Welt Cord
 Fringe Adhesive
 John James Needles
 #5 Invisible Zipper
 #5 Invisible Zipper Slide
 Iron-On Batting

SKU

[LN48/](#)
[LN14/](#)
[WCC2/](#)
[FA10](#)
[TP100](#)
[EVR52/](#)
[EVP5/](#)
[PA20/](#)

PILLOWS FOR A GIRL'S ROOM: STEP-BY-STEP INSTRUCTIONS

Pillows can be closed using a number of methods: Zippers, hand sewing, buttons, hook & loop, etc. In this project we used hand closing and an invisible zipper. The pillow shams finish at 26" x 26", the square pillows finish at 16" x 16" and the bolster finishes at 44" x 9".

Double Ruffle Pillow Shams

Preparing the Pieces

- 1 Cut the front of the sham to 27" x 27".
- 2 Iron a layer of Iron-On Batting to the back of the front of each piece.
- 3 The back will be made up of two pieces: the top and the bottom.
 - A. Cut the top 6" shorter than the front piece.
 - B. Cut the bottom, matching patterns, 6" x 27", plus 3" more on the top and bottom for pattern matching.





- 4 Place the top on top of the bottom fabric, overlapping the extra amount.
- 5 Draw a line across the bottom where the top stops. Cut the bottom on that line.



- 6 Turn under the top and bottom pieces 1", at the join side. This will leave you with a perfect pattern match for the zipper.



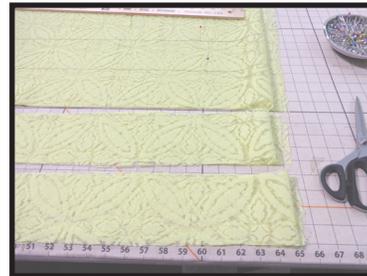
- 7 Insert the invisible zipper according to the [product instructions](#).

- 8** Lay the front face down on the back prepared piece, matching tops, and trim as needed to the correct size.



Making & Sewing the Double Ruffle

- 1** Cut and make enough welt cord to go around the front of both shams, plus enough for joining.
- 2** Cut the first (largest) layer of ruffle at 7"W x 2.5 times the diameter of the sham.
- 3** Cut the second (smallest) layer of ruffle at 4" x 2.5 times the diameter of the sham.
- 4** Join the first layer pieces to form a circle. Do the same to the second layer fabric.
- 5** Fold the circles in half lengthwise and iron to set a fold crease.



- 6** At the machine, place the smaller layer on top of the larger layer, matching raw edges and stitch within the seam allowance to join them into one large, double-layered circle.



Finishing the Sham

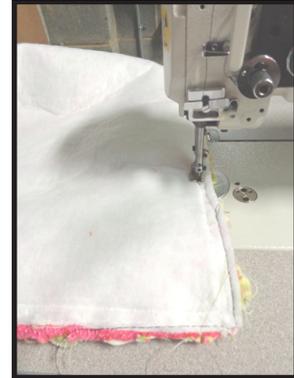
- 1 Cut and make enough welt cord to go around the front pieces + enough for joins.
- 2 Glue-baste the welt to the front. Sew welt to the front pieces making the joins at the machine.



- 3 Measure and place a pin at the quarters of the prepared ruffle. Place the pins at the corners of the sham front.
- 4 Working in halves, find the halfway of a side and pin it halfway along the side, pinning the ruffle to the front.
- 5 Keep halving until your pins are about 3" apart.
- 6 Complete all four sides.
- 7 Sew the ruffle to the front, gathering fabric between pins.
 - A. Be sure to gather tighter at the corners so gathers will be even along all sides once the sham is turned right sides out.



- 8 Tuck the ruffle into the face, place the back on the front, right sides together, and sew the sham.
- 9 Turn right sides out through the zipper area and stuff. Close the zipper.

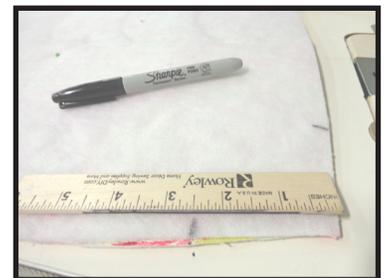


Gathered Corner Pillow

- 1 Cut the front and back at 17" x17".
- 2 Iron on a layer of Iron-On Batting to the front and back pieces.



- 3 Cut and make enough welt cord to go around the pillow 2 times. You need to use a foot one size larger so that the casing is very loose. You will be tightening it up as you gather and sew.
- 4 Do not glue-baste the welt to the pillow – you will need to have easy access to the welt as you are sewing it down.
- 5 On the back of one piece, mark in 4" from each corner. This is the area where you will be gathering the welt cord.
- 6 Apply the welt to the pillow using the correct foot size.
- 7 Start sewing the welt on a flat area. When you get to the marks, gather the welt fabric and sew it down, continuing with the gathers until you reach the second corner mark.
- 8 Continue around all corners until you have the welt completely sewn on. Trim seam allowances as needed.



- 9 Place the front and the back pieces right side together.
- 10 Sew around the outside joining the two pieces, leaving an area open for turning.



- 11 Turn right sides out, stuff and close using your preferred method.



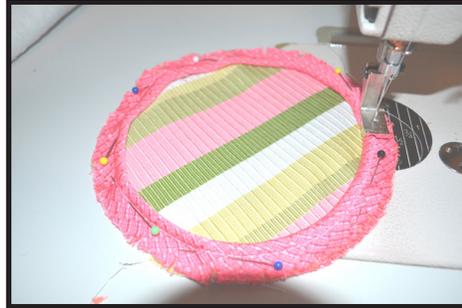
Long Bolster

Preparing the Pieces

- 1 For the base piece, either cut a piece of fabric 45" x 29 1/4" or manipulate your fabric pieces until you come out with the same size.
- 2 Cut the center frame piece 2" wider than your plan x 29 1/4". Iron under a 1" side seam on both long sides.



- 3 Cut the two end circles at 10".
- 4 Cut and make enough welt cord to go around the two end circles plus enough for joins.
- 5 Sew the welt to the circles, making the join as you sew.
- 6 Mark the circles in quarters.



- 7 Cut 2 pieces of ruffle fabric 7"W x about 60"L. Fold it in half lengthwise and sew along the long sides and one short side to make a long tube. Turn it right sides out and cut off the short sewn end. Refold the tube so the seam is on the center bottom.



Making the Pillow

- 1 Place the center field fabric right sides up in the center of the base fabric. Pin in place.
- 2 Top stitch the center field fabric to the base along the sides. The seam will be hidden later.



3 Pin the ruffle ends to cover the top stitching, making sure the seam is on the center bottom.

4 Using the halving technique, keep pinning halves until your pins are about 3" apart.



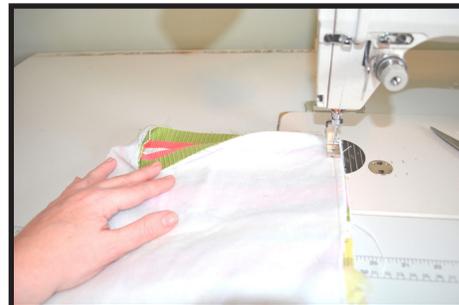
5 At the machine, sew the ruffle to the base, gathering between pins as you go. Sew a double row about 1/4" apart being sure to capture the seam of the ruffle.



Finishing the Pillow

1 Fold the fabric right sides together, lengthwise.

2 Sew a few inches down the long side at the top and at the bottom only.



- 3 Mark quarters on the round end openings.
- 4 Match the $\frac{1}{4}$ markings on the base to the $\frac{1}{4}$ markings on the round ends. Pin in place and sew.
- 5 Turn right sides out, stuff and close using your preferred method.



- 6 Add decorative beads or buttons, evenly spaced, along the double stitching of the ruffle.

