

## Rowley project list: **Upholstered Headboard with Nail Head Trim**

A beautifully upholstered headboard creates a luxurious focal point in a master bedroom. Turn plywood, foam and fabric into a custom designed and fabricated headboard accented with double welt cord and gold nail head embellishments.



### **MATERIALS & SUPPLIES**

#### **Rowley Products**

Spray Adhesive	<a href="#"><b>AS41</b></a>
Fringe Adhesive	<a href="#"><b>FA10</b></a>
R-TEC Upholstery Air Stapler	<a href="#"><b>NSG10</b></a>
71 Series Staples - 3/8"	<a href="#"><b>NS33/E</b></a>
9" Professional Shears	<a href="#"><b>CU22</b></a>
R-TEX Polyester Upholstery Batting	<a href="#"><b>PA52</b></a>
Metal Upholstery Nail Heads	<a href="#"><b>UN20/B</b></a>
Upholstery Nail Template	<a href="#"><b>UN98</b></a>
Magnetic Tack Hammer with Nylon Tip	<a href="#"><b>MH12</b></a>
Hex Head Slotted Screws	<a href="#"><b>HH8150</b></a>
12' Long Tape Measure	<a href="#"><b>DT12</b></a>
Cardboard Tack Strip	<a href="#"><b>CS38</b></a>

#### **Optional Materials**

Firm Double Welt Cord	<a href="#"><b>WC52</b></a>
Headboard Cleat	<a href="#"><b>AG76</b></a>
Self-Drilling Toggle Bolts	<a href="#"><b>TB75</b></a>
Safety Glasses	<a href="#"><b>SG01</b></a>

#### **Other Materials Needed**

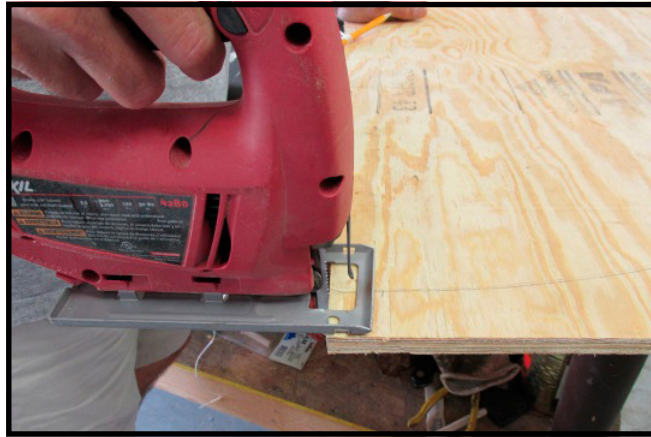
Screwdriver / Drill
2" x 4" Wood Pieces
4' x 8' Plywood Sheet
2 Pieces 24" x 72" (2") Cushion Foam

## **UPHOLSTERED HEADBOARD: STEP-BY-STEP INSTRUCTIONS**

This project guide covers the steps to fabricate an upholstered headboard with nail head trim accents.

## Creating the Shape:

- 1 Decide on the desired shape of the headboard.
- 2 Take a photo of the shape selected and enlarge it on the computer/printer to the actual size (100%). In this example, the width was 60". You can also freehand the shape onto the plywood. In this example, several pieces of paper were taped together to form one large, actual size image.
- 3 Cut out the shape using the paper as your guide.
- 4 Trace the headboard shape onto the plywood and cut using a jigsaw with a fine-tooth wood cutting blade.



- 5 Add 2" x 4" wood pieces to the back of the plywood, at the edges, and cut to headboard shape.



- 6 Add one piece of 2" x 4" wood to the back of the headboard to attach the cleat to.
- 7 Flip the headboard over with the plywood side up.
- 8 Cut the foam in to the same shape as the headboard by following the outline of the plywood.

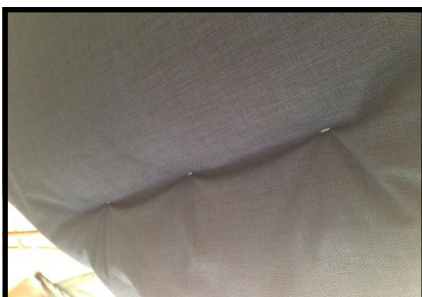
- 9 Move the foam 4" down so the shape outlines mimic each other. Use spray adhesive to adhere in place.
- 10 Push the edges of the foam down and staple along the top, following the shape of the headboard.



- 11 Place a layer of polyester batting over the top of the foam.
- 12 Cut off excess batting keeping the basic shape of the headboard. Leave a few inches to wrap around the edges.

## Upholstering the Headboard:

- 1 Lay face fabric on the table, wrong side up.
- 2 Place the headboard on top, right side down.
- 3 Staple once or use push pins on each side to keep the face fabric in place.
- 4 Flip the headboard over with the face fabric side up.
- 5 Pulling the fabric taut and smooth (not too tight), staple along the line of the foam to create the indented shape of the headboard. The staples will be covered later with welt cord.



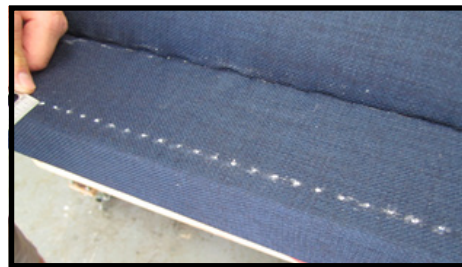
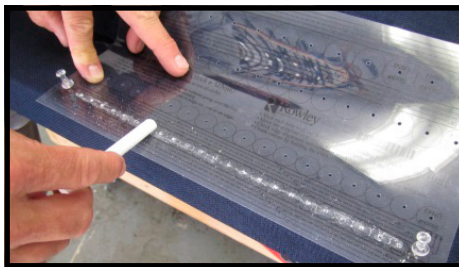


- 6** Starting on the sides, staple the fabric around the back edge at least 1". Follow the shape of the headboard all the way around. Keep fabric taut and smooth.

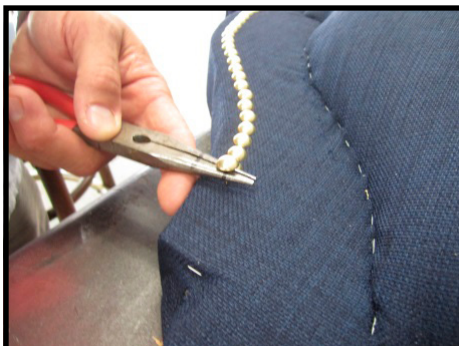


## Applying Nail Head Trim:

- 1** Place the upholstery nail head template along the edges of the headboard at the desired location.
- 2** Use a piece of chalk to mark the holes for nail head placement. White chalk works best for dark fabric colors. For lighter fabrics, use a marker or fabric pen.



- 3** Use a pair of pliers to hold the nail heads in place before hammering. Use a magnetic tack hammer to insert the nails into the headboard.

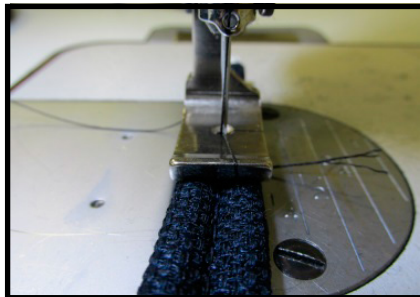


- 4 Cut a 5" strip of face fabric and tack down at the top of the thickness of the headboard, on the front edge, face side down.
- 5 Use a piece of cardboard tack strip to hold in place.
- 6 Staple down along the edge all the way around.
- 7 Flip the remaining face fabric over the tack strip and staple along the back of the headboard. Keep fabric taut and smooth.



## Fabricating Double Welt Cord Trim:

- 1 Cut 3" strips on the bias and join together.
- 2 Wrap the strips around the double welt cord 1 1/2 times, encasing the form.
- 3 Using a sewing machine with a double welt cording foot, sew in place.
- 4 Trim away loose, excess fabric on cording.



- 5 Apply the double welt cord over the exposed staples using fringe adhesive.

## Covering the Back:

- 1 Cut lining to the shape of the headboard.
- 2 Turn edges under 1/2" all the way around, or trim to shape 1/2" in.
- 3 Staple in place.
- 4 Cover the edges of the lining with gimp and adhere using fringe adhesive or a glue gun. Hold in place or secure with push pins until dry.



## Installation:

- 1 Cut a 2" x 4" piece of wood into 2 pieces.
- 2 Cover the boards with face fabric. These boards will become the legs of the headboard.
- 3 Screw the legs to the back. Stand the headboard up to the frame.
- 4 Screw in place at the brackets or hang with a headboard cleat.
- 5 If installing the headboard cleat - screw the horizontal support to the back of the headboard.
- 6 Screw the other side of the headboard cleat in the desired position on the wall using heavy duty wall anchors.

