Rowley project list: Table Runners & Placemats

Table runners and placemats are a fast and easy way to add drama to a table. They set the framework for additional layers that can be quick up-sales for your business. We will only cover the fabrication steps of the table runners and placemats in this project guide.

TABLE RUNNERS & PLACEMATS: STEP-BY-STEP INSTRUCTIONS

Our table measured 78" long and 39" wide with an 11" drop to the seat of the chairs. The longer runner was designed to fall over the table end by 8"; it finished at 16" wide x 88" long. The shorter runner was designed to sit on the top of the table between the two end plates; it finished 14" wide x 54" long. The placemats finished at 12" x 18".

• **Since all face fabric used was silk, it was first stabilized using Fusible Stabilizer.**

MATERIALS & SUPPLIES

| Rowley Products	SKU
Fusible Stabilizer	FB11
5/32" Polyester Welt Cord	WCP0/S
Iron-On Batting	PA20/5
Perfect Pleating Tape	DYC86
Classic Napped Lining	LN48
R-TEX Standard Wt. Interlining	RN10
Fringe Adhesive	FA10

Long Table Runner
Cutting and Prepping the Fabric:

1 Cut the stabilized face fabric at 17" wide x 89" long.

    A. (78" + 5 drop + 5 drop + seam allowance).

2 Cut the back lining fabric to the same measurements.

3 Cut and make enough covered welt cord to go around all sides of the runner.

    A. You will need approximately 230" of covered welt.
    B. Welt strips need to be cut on the bias.

Putting the Table Runner Together:

1 Iron on a layer of Iron-On Batting to the back of the face piece.

2 On both ends, starting at the bottom and measuring up, measure up 5" on both sides and mark.

3 Find and mark the center of both ends.

4 Draw a line connecting the two marks to show the angled cuts for the ends.

   A. Leave ½" flat at the outside edge. This ½" is needed for the seam allowance.

5 Cut out the end angles.
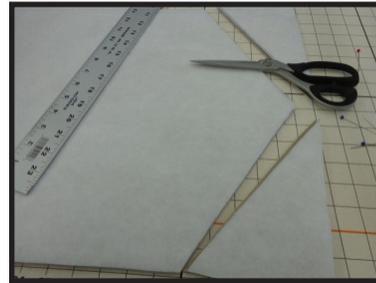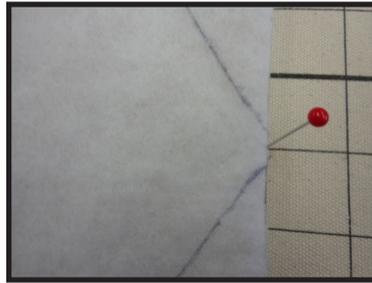
6 Glue-baste welt around the perimeter of the runner, joining the cord as you come to it.

7 At the machine, sew on the welt cord.

**8** Clip off bulk at corners and points, and relief clip the angled sides.

9 Place the lining piece right side up on the table and the face piece right side down on top of it.

10 Pin to secure.

11 Machine-sew all around outside to join the two pieces, leaving a small area open for turning.

12 Turn right sides out.

13 Press from both the front and the back.

14 Turn under raw edges of opening and hand close.

Adding Embellishments:

1 String beads and hand sew to points.

    A. A decorative tassel could be used instead of beads.
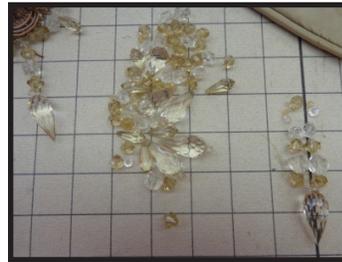
Short, Pleated Table Runner
Cutting and Prepping the Fabric:

1 Cut the stabilized face fabric 15" wide x 71" long

    A. (54" + 8 pleats + 8 pleats + seam allowance).

2 Cut the back lining to 15" wide x 55" long.

    A. Also cut 1W x 16" lining and 1W x 16" interlining for the layers of the face.

3 Cut and make enough covered welt cord to go around all sides of the runner.

    A. You will need approximately 145" of covered welt.

    B. Welt strips need to be cut on the bias.

Putting the Table Runner Together:

1 On the face piece, find the center on long side. Place a pin at the top and bottom center.

2 Measure over 12" each way, from center, and place another set of pins.

    A. This center area will stay flat – it will not be pleated.

3 Place the perfect Pleating Tape on the top and the bottom of the fabric piece, aligning numbers and arrows.
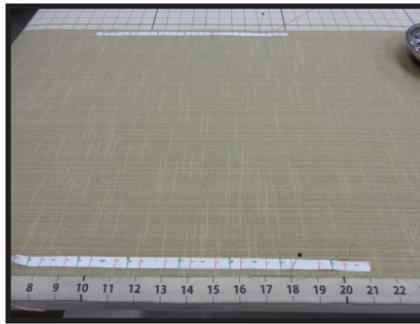
4 Fold in pleats.

    A. I chose to do a 1" pleat for four pleats; hence the extra 16" in the width cuts.

5 Pin pleats and iron to set crease.
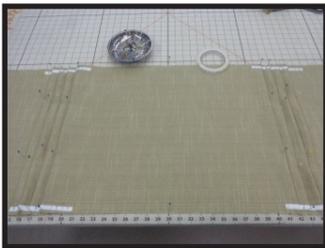
6 Gently lift pleated area and slip a small piece of Fusible Stabilizer under the pleated area.

7 Iron to fuse.

8 Lay a piece of lining, face down, (cut 1 width x 16") on the table. Top it with a layer of interlining (cut 1 width x 16"). Lay the prepared face piece on top.

9 Glue-baste all layers together. This new triple layer becomes the top layer of the runner.

10 Trim any excess away.

11 Glue-baste welt cord to outside perimeter, joining the cords as you go. Let dry.
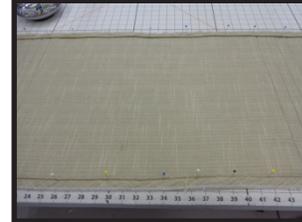
12 Once the glue is dry, machine-sew welt to face piece.

13 Trim off any excess bulk outside of seam allowance.

14 Place right side of triple-layered face to right side of lining. Pin.

15 Machine-sew around all four sides, leaving an opening for turning.

16 Turn right sides out.

17 Press from both the front and the back.

18 Turn under raw edges at the opening. Hand close.

Placemats
Cutting and Prepping the Fabric:

1 For each placemat, cut two rectangles at 13" x 19".
   A. One for the front and one for the back.

2 On the front, round off one corner.

3 Fold the cut corner to a non-cut corner and cut to match.

4 Continue folding and cutting until all four corners are cut on both front and back pieces.

5 Cut and make enough covered welt cord to go around all sides of the runner.

    A. Welt strips need to be cut on the bias.

    B. You will need approximately 70" of covered welt per placemat.

6 To the back of the front piece, iron on a layer of Iron-On Batting.

7 Trim off excess so corners match.

8 Glue-baste welt cord to outside perimeter, leaving the ends for joining. Let dry.

9 Once the glue is dry, machine-sew welt to face piece, joining the ends at the machine.

10 Trim off any excess bulk outside of seam allowance.

11 Place right side of face to right side of lining. Pin.

12 Machine-sew around all four sides, leaving an opening for turning.

13 Turn right sides out.

14 Press from both the front and the back.

15 Turn under raw edges at the opening. Hand close.