

## Rowley project list: **Creating Tablescapes for a Breakfast Nook**

Designing placemats and napkins for a variety of tablescapes options can be a fun project. We designed three different tablescapes that can be used for everyday meals with the family, and for more formal occasions when entertaining guests over brunch. The Breakfast Nook tablescapes include: a placemat for kids that incorporates a fun way to learn table manners, a coordinating placemat and napkin set for daily use that can be washed with ease and a placemat setting that incorporates name cards with double-sided napkins for more formal entertaining.



### MATERIALS & SUPPLIES

#### Rowley Products

A&E Upholstery Thread  
Gutermann Polyester Thread  
R-TEX Hook Tape, Sew-On  
R-TEX Loop Tape, Sew-On  
Polyester Batting  
R-TEX Fusible Stabilizer  
R-TEX Micro Welt Cord  
Polyester Iron-On Batting

#### SKU

[TU6K/](#)  
[TG1M/](#)  
[HT100/W](#)  
[LT100/W](#)  
[PF72](#)  
[FB11/](#)  
[WC85](#)  
[PA20/](#)

#### Other Tools Used

Ruler  
Chalk Markers  
Iron  
Scissors  
Glass Head Straight Pins  
Clear View Ruler  
Fabric Stapler  
Fabric Stapler Staples

[MR23](#)  
[WW13/](#)  
[CU22](#)  
[TP49](#)  
[WW70](#)  
[WW71](#)

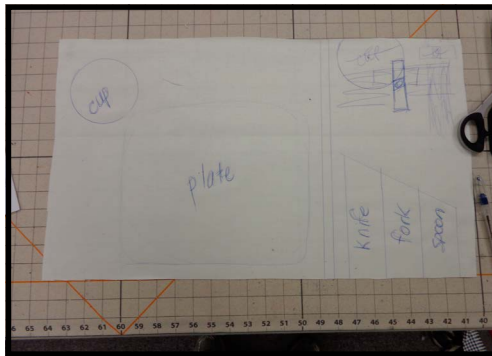
## CREATING TABLESCAPES FOR A BREAKFAST NOOK: STEP-BY-STEP INSTRUCTIONS

This project guide covers the steps to fabricate a fun placemat with built in utensil holders for kids, a quilted placemat with a coordinating napkin set for daily use and a placemat with a name card holder and coordinating double-sided napkin set for formal entertaining.

## Kid's Tablescape

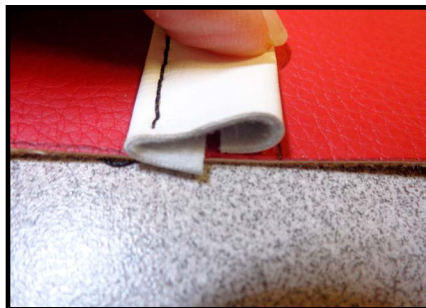
### Designing and Cutting the Pieces:

- 1 Design the overall layout and size.
- 2 Cut the face according to your design plus seam allowances.
- 3 Cut the back the same size as the front.
- 4 Cut the circle for the cup, the strip for the racing stripe, the strip for the napkin ring and the angled piece for the utensils.
- 5 Mark the front face for placement of all pieces.

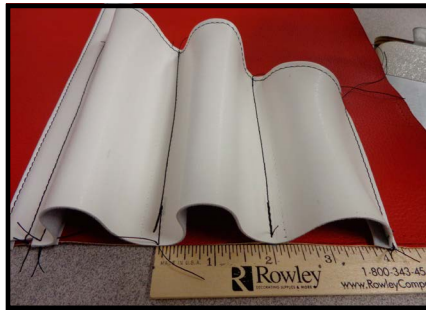
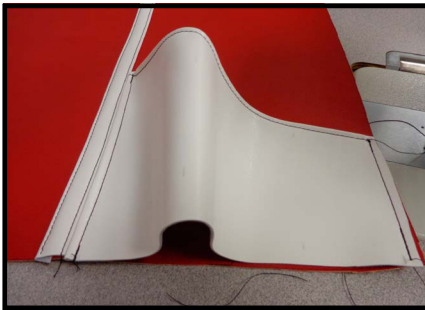


### Putting the Face Together:

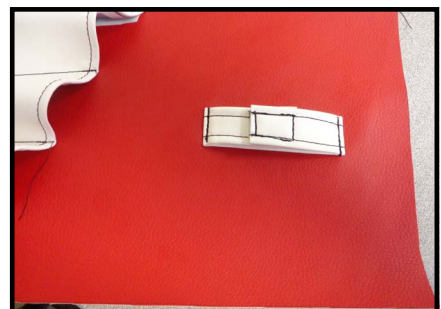
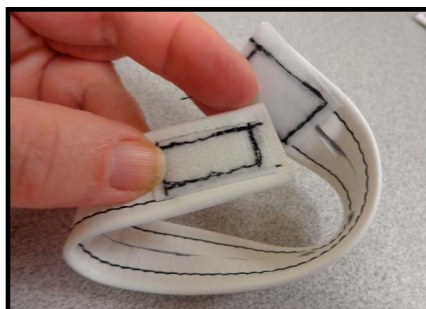
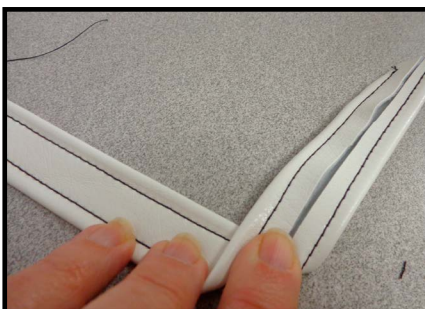
- 1 For the racing stripe, fold over one long edge, place it on the front face and top stitch.
- 2 Fold in the other long side and top stitch.
- 3 Place and top stitch the cup circle.



- 4** On the utensil piece, fold under the left edge and butt it up against the racing stripe. Top stitch.
- 5** Fold under the right side, match to placement marks and top stitch.
- 6** Divide the remaining fabric into three spaces.
- 7** Match marks and top stitch on marks to create three pouches.
- 8** At the bottom of each pouch fold excess fabric into pleats at each side. Top stitch across entire piece catching all pleats. Sew within the seam allowance.



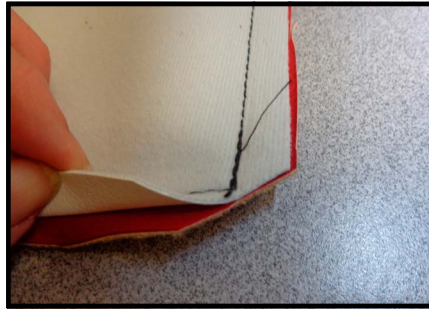
- 9** For the napkin ring, fold the long sides into the back center and top stitch both sides.
- 10** Add a piece of hook to one end and a piece of loop to the other end.
- 11** Match hook and loop, folding so the hook/loop is on top in the center.
- 12** Place on marks and top stitch top and bottom through all layers, attaching it to the front face.





## Finishing the Kid's Placemat:

- 1 Place the front and back right sides together.
- 2 Sew around the outside, leaving a spot to turn.
- 3 Clip corners to reduce bulk.
- 4 Turn right sides out and top stitch the perimeter to close opening.
- 5 Cut down a store-bought bandanna to ½ the original size. Serge the outside edges and add to napkin ring to complete your look.



- 6 Add letters for cup and utensil placement using a permanent fabric marker and stencils.



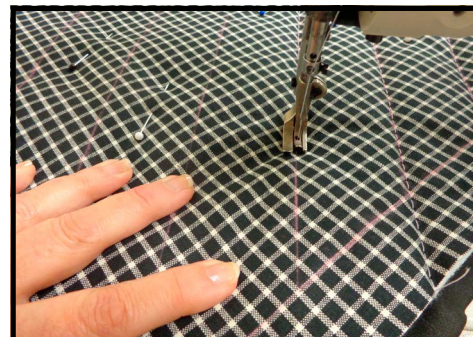
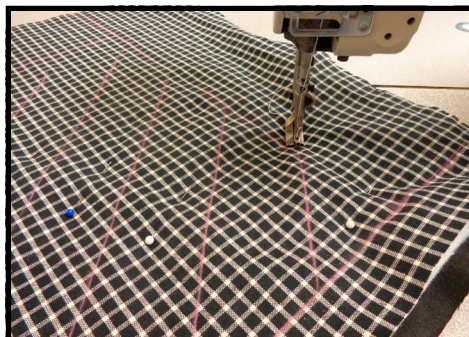
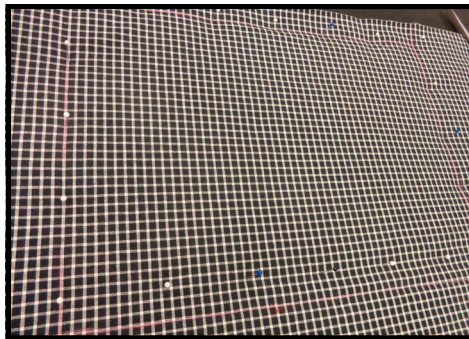
## Every Day Use Tablescape

### Cutting and Prepping the Front of the Placemat:

- 1 Cut the front face piece about 2" larger all the way around than your planned size.
- 2 Cut a layer up polyester batting and the backing fabric the same size.
- 3 Cut the back the correct size plus seam allowances.
- 4 Layer the front fabric, batting and backing fabric so that the batting is sandwiched in between the two layers of fabric. Pin all layers together.

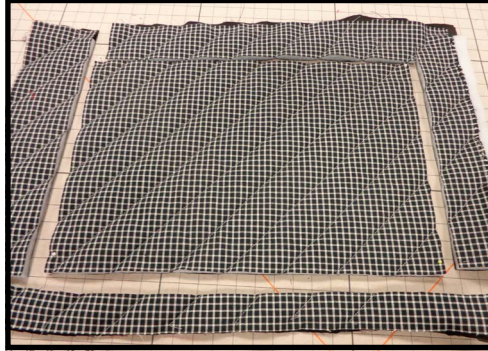


- 5 On the front, measure and mark the finished size.
- 6 Divide long and short sides to mark diagonal lines.
- 7 Mark diagonal lines on the face. Sew on lines.





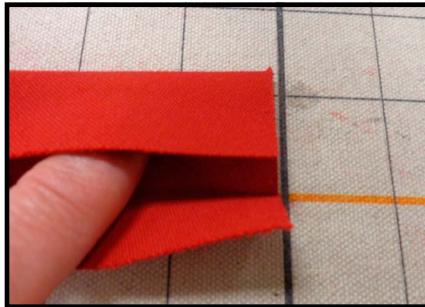
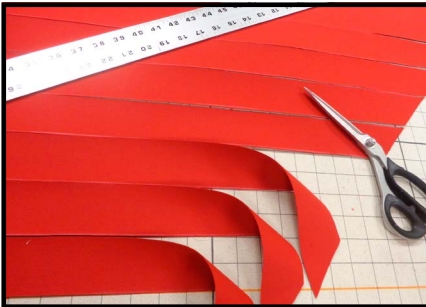
- 8** At the table, cut the quilted piece to size plus seam allowances.



- 9** For the racing stripe, cut a bias strip 2" x the longest side plus 2-3".

- 10** Fold the raw edges in toward the center and press to crease.

- 11** Place racing stripe on face and top stitch using a long stitch length.



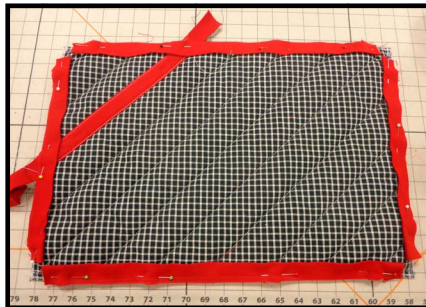
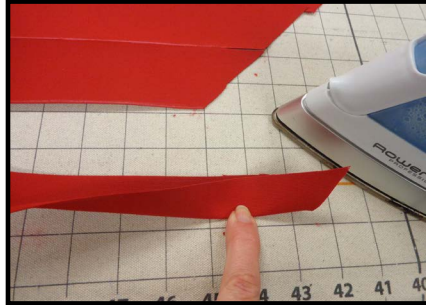
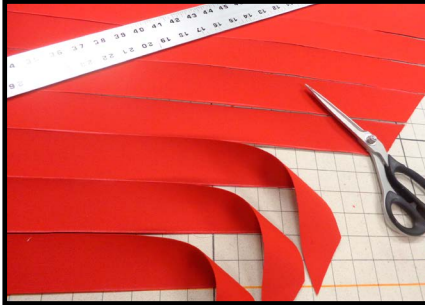
- 12** For the flat flanges, cut four pieces of bias strips at 2" x the longest side plus 2-3".

- 13** Fold each piece in half lengthwise and press to crease.

- 14** At one end of each strip, fold under 1/2" to the inside and repress.

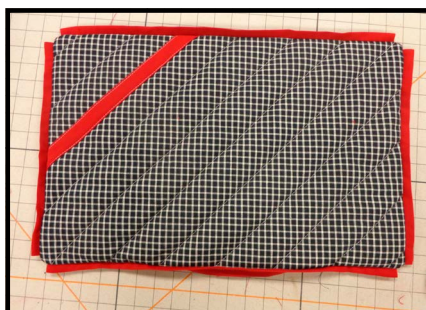
- 15** At the other end of each strip, measure for finished length plus 1/2". Trim. Fold under the 1/2" and re-press.

- 16** Place prepared strips on the sides of the placemat, butting ends.
- 17** Sew pieces to face sewing within the seam allowances to secure them to the front.



### Finishing the Placemat:

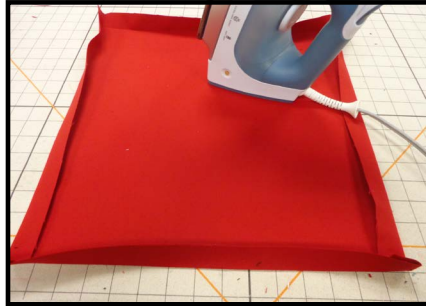
- 1** Place front and back, right sides together and sew around edges, leaving a space for turning.
- 2** Turn right sides out and press.
- 3** Close opening.





## Cutting and Sewing the Napkins:

- 1 Cut a square 1" larger all the way around than your planned size.
- 2 Fold in and press a double ½" hem on all four sides folding in mitered or straight corners.
- 3 Top stitch in a coordinating thread color.

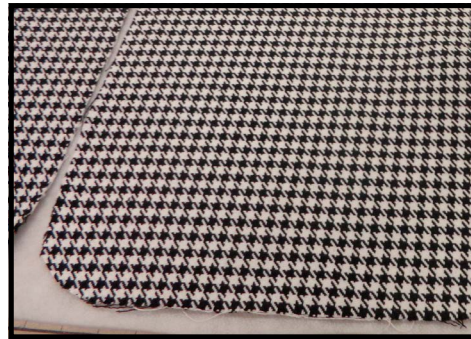
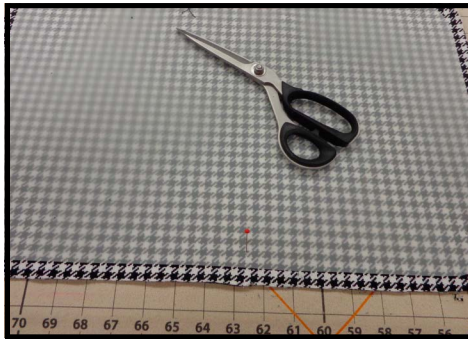




## Formal Tablescape for Entertaining

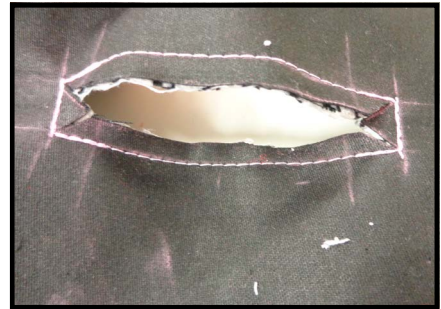
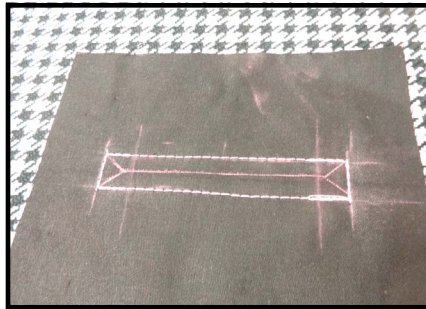
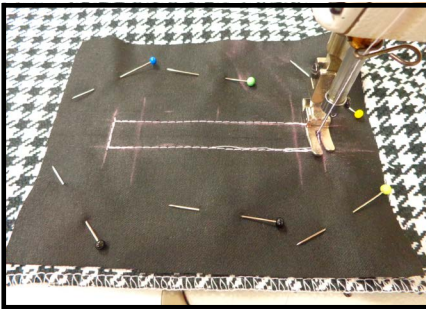
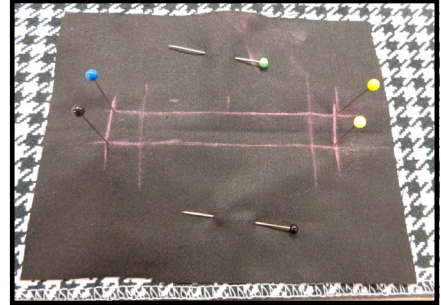
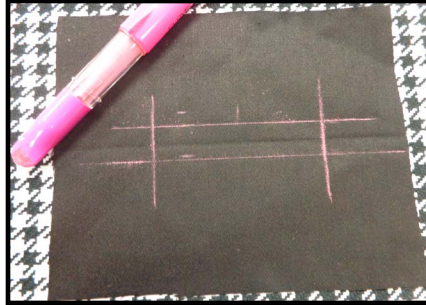
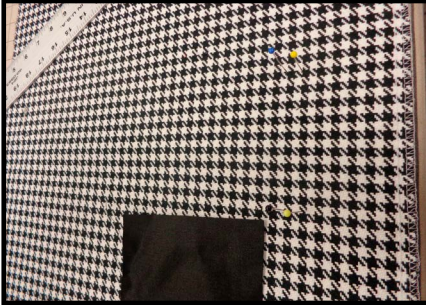
### Cutting and Prepping the Front of the Placemat:

- 1 Cut front to size and shape needed plus seam allowances.
- 2 Iron on a layer of Iron-On batting to the back of the front.
- 3 Cut the back to the same size as the front.
- 4 Iron on a layer of Fusible Webbing to the back fabric, if needed.
- 5 Cut and make enough welt cord to go around the placemat plus a few inches for joining.
- 6 Glue-baste welt in place then sew, joining at the machine.



- 7 Mark the placement for the card holder using pins and a small ruler.
- 8 Cut a small facing piece of fabric and place on marks, transferring original marks to facing fabric.
- 9 Pin well.
- 10 At the machine, sew on all lines.

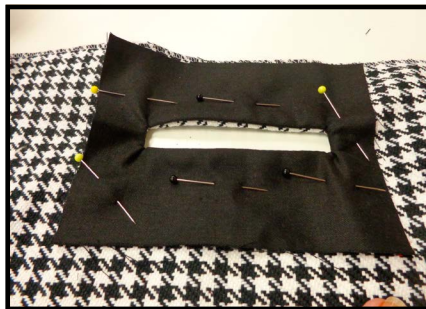
- 11** Cut down the center of the middle of the sewn area, cutting angles at each corner.



- 12** Turn the facing to the back and press.



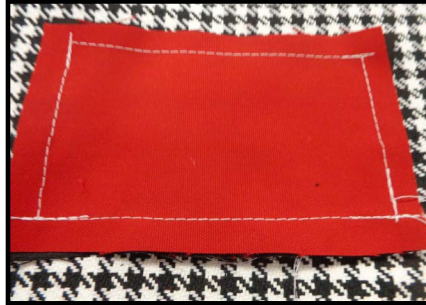
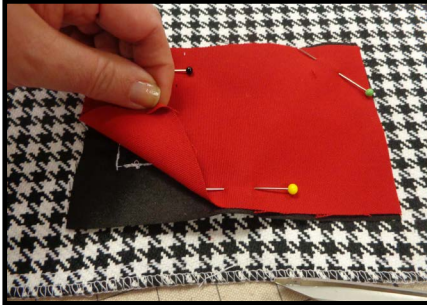
- 13** Pin the facing in place and top stitch, from the front to secure.



- 14** Place a small piece of contrast fabric, the same size as the facing.

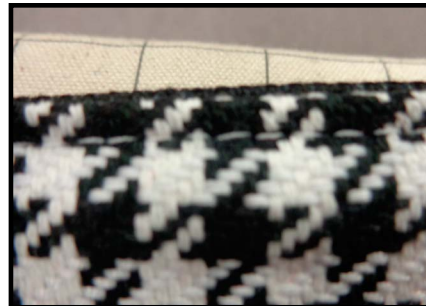


- 15** Place the contrast fabric over the facing and attach just those two layers to each other.



### Finishing the Placemat:

- 1** Place the front and back, right sides together and sew around all sides, leaving a space for turning.
- 2** Turn right sides out and press.
- 3** Top stitch all around and to close the opening.

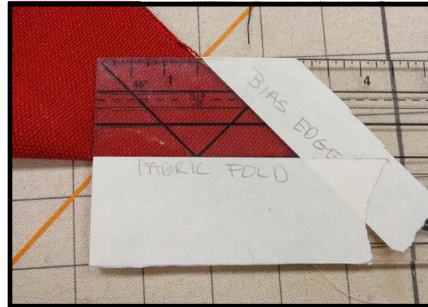


### Cutting and Sewing the Napkins:

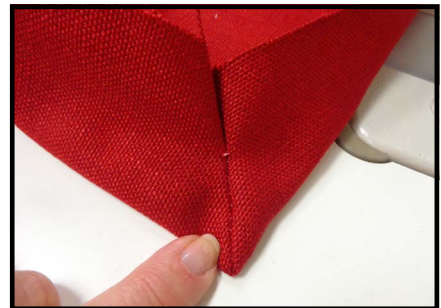
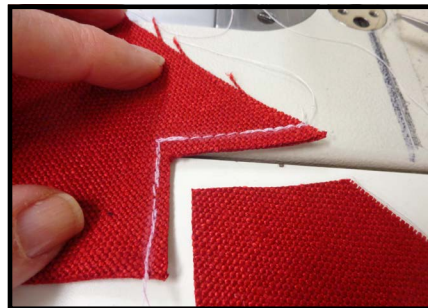
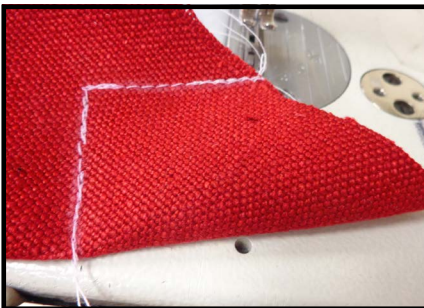
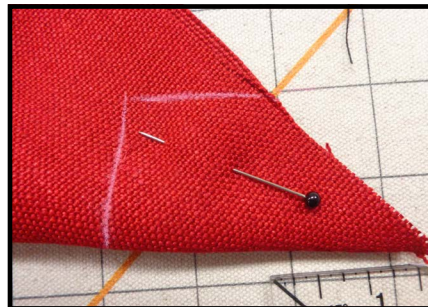
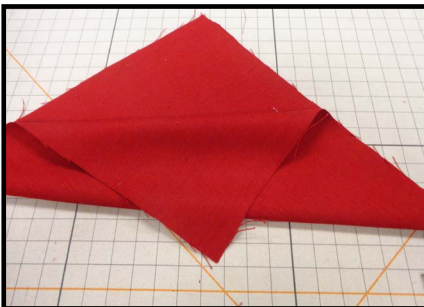
- 1** Cut the front fabric to your finished size.
- 2** Cut the back fabric 2" larger, all the way around, than the front fabric.



- 3** Mark off a clear-view ruler 3" in for the fold side and 1 ½" in for the raw edge side.



- 4** Using the back fabric only, fold each piece on the bias.
- 5** Align the marked ruler to the fold and raw edge side of the each fold (all four corners).
- 6** Trace along the outside edges of the ruler and pin corners.
- 7** Sew in the marked lines.
- 8** Trim seam allowance to ¼" and notch the inside corner.
- 9** Turn right sides out and press.



- 10** Fold each side in to form a double 1" side hem and repress.
- 11** Place front fabric inside of hems.



**12** At the machine, top stitch in a matching thread to secure all layers.

